

Opera director with Boston ties wins big

music award

PAGE 17

Jonathan Adler shares tips for a fun Labor Day

PAGE 15

I want you to draw me like one of your 'French Girls'

PAGE 16

Make your favorite dish a little healthier

PAGE 17

Education. Although this week's college move-in frenzy is expected to clog up the streets as it always has, new and returning students will soon find that Boston's updated late-night offerings are making the city a more exciting place to study. PAGE 02







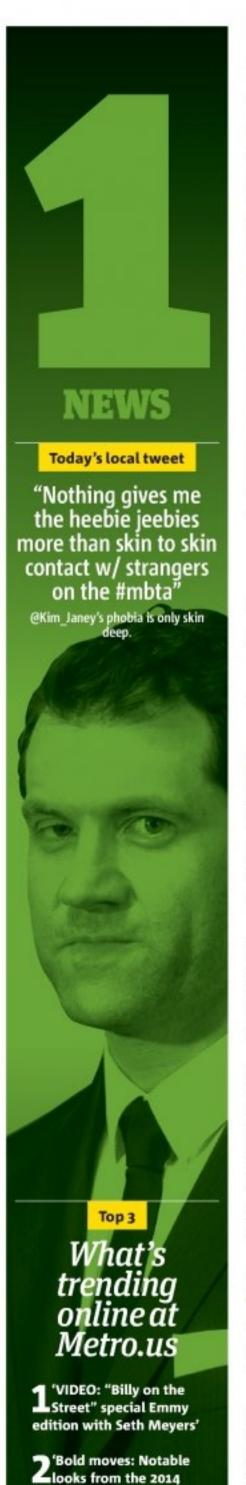
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Emmys red carpet'

side at VMAs'

3'Nick Young wouldn't leave Iggy Azalea's



A new year brings a new lease on student nightlife

Boston. The city's renowned colleges and universities started opening their doors to students this week.

With a new semester set to kick off next week, Boston's incoming students have more to look forward to than just hitting the books and making new friends.

The spring semester wrapped up around the time Mayor Marty Walsh formed a task force comprised of students, restaurant and bar owners and business leaders to explore ways to enrich the city's late-night culture.

So far, the city's biggest accomplishment on that front has been the introduction of later weekend MBTA service, and although a measure to keep bars and restaurants open until 4 a.m. was nixed from this year's budget, there is promise that the city is headed in the right direction.

In addition to extended bar hours, the task force is also honing in on lifting liquor license restrictions, adjusting entertainment licenses and updating late-night public safety requirements. Boston's street lights may even burn a little later.

For incoming freshman Liz Hamer, an 18-year-old Maryland native, the city's push for more late-night fun was one of the many draws of attending Emerson College.

"The D.C. [subway system] closes at 11 p.m. every day, so it was always a hassle. We had to leave movies halfway through just to get home on

Quoted

"A lot of my friends from other schools would say, 'Wow you guys have to go out so early, we don't go out until the time that you're coming back home."

Erin Corrigan 21, Emerson student

time," said Hamer. "So I do appreciate the Boston T being open later."

Hamer was one of hundreds of students to swarm Boylston Street on Tuesday as Emerson opened its dorm doors to new students.

Fellow freshman Zach Holden, 18, of Wisconsin hadn't yet heard of Boston's late-night push, but said it was a welcome surprise.

"I've always wanted to come here because it's a comfortable place, and I really like cities. I don't really party, but it seems like a perfect place to go out and try new things."

But for upperclassmen all too familiar with Boston's previously early-to-bed ways, Boston's social scene is looking bright.

"In past years a lot of students would complain about how we'd have to come back so early when we go out," said Erin Corrigan, 21. "So I think it's definitely a big draw for people our age if Boston becomes more of a late-night city."

Though there is still a ways to go, Long Island native Gina Brindisi said she is optimistic that the city will continue on its youth-friendly path.

"The fact that the T is open



Visit Metro.us to learn more about Boston's move-in day traditions.

even later now makes it that much better, because I'm used to the subways in New York that are 24 hours," said Brindisi, 19. "I think the city already has the young vibe because it's such a college city, but I think it's only going to get better."



MORGAN ROUSSEAU @MetroMorgan morgan.rousseau@metro.us

Fall River. Judge agrees to suppress some evidence in Hernandez case

A judge has approved the suppression of some evidence in the murder trial against former New England Patriots player Aaron Hernandez, who is charged with the fatal shooting of Odin Lloyd of Dorchester.

Defense attorneys for Hernandez had filed a motion to suppress evidence that was obtained while his home was searched last June, claiming a state trooper did not have a proper search warrant to enter the North Attleboro residence.

The evidence includes an iPhone, a Blackberry, an iPad and two iPad minis.

Hernandez has pleaded not guilty to Lloyd's murder. He is set to begin trial this winter. METRO



Look up

First Boston blimp parade to float over city landmarks today

The first-ever local blimp parade is expected to begin Wednesday at 5 p.m., with Hood, DirectTV and MetLife Snoopy blimps taking part in the historic Boston flight.

The airborne parade route will travel over Fenway Park, Faneuil Hall, Boston Common and other city landmarks, according to organizers.

"An airship group of this size has not flown over any major metro area since 2012, when four blimps soared over Manhattan, including the three that will fly over Boston," Hood said in a media release.

Spectators can follow the event using the hashtags #BlimpParade and #BlimpsOverBoston. Hood will also tweet an onboard chronicle of the journey. METRO

boston Wednesday, August 27, 2014

ONE DAY. ONE THOUSAND MEMORIES.





Mayor Walsh says he's 'incredibly frustrated' over driver no-shows

www.metro.us Wednesday, August 27, 2014

Boston. The new school year kicked off with school bus delays.

metr@

Several Boston Public Schools bus drivers did not show up for work Monday and Tuesday, stranding hundreds of students and perplexing parents.

Mayor Marty Walsh said Tuesday that he was being updated regularly on the situation, and that Veolia - the company that runs the city's school bus services — and the bus drivers union were continuing to negotiate a new contract.

Walsh said he expects they would reach a resolution that will provide reliability to families.

"It is unfortunate that a small group of drivers have refused to participate," Walsh said. "I'm incredibly frustrated, and I know that parents, students and school administrators and staff share this frustration. This is unacceptable, and I will continue to do everything in my power to ensure that students get to and from school safely."



MORGAN ROUSSEAU @MetroMorgan



Boston Public School buses sat idle after some drivers did not show up for work this week. / NICOLAUS CZARNECKI, METRO

Tensions

Bus drivers went on a wildcat strike last October as a result of the union's grievances with Veolia.

· Four drivers were fired, which led to protests from union

members.

The union's contract with Veolia expired in June, and a new agreement has not been reached.

Firearms

Tip leads to recovery of illegal guns

Boston Police recovered five illegal guns from a package hidden in a doorway near Lucerne and Harwood streets in Mattapan around 12:45 a.m. Tuesday after a tip came in from an anonymous source who overheard a discussion about a pickup.

"There's no question that this tipster saved a life," said Suffolk District Attorney Dan Conley. "We appreciate every call that helps identify an offender in the aftermath of violence, but this unknown hero stopped a crime before it happened. Whoever you are, your city thanks you."

No arrests were made.

Massachusetts. Home prices on rise as sales fall

With prices continuing to climb, single-family home and condominium sales in Massachusetts during July were down compared to a year ago, the Warren Group announced Tuesday.

"The decrease in singlefamily home and condo sales is discouraging, and the limited inventory is definitely a factor," said Warren Group editorial director Cassidy Murphy in a statement. "The rise in the median selling price for both single-family homes and condos indicates that good inventory is selling quickly and at a good price. There just isn't a lot of it."

Year-over-year median single-family prices have increased for 22 consecutive



months and stood at \$355,000

July 2014 transactions were down 4.2 percent compared to last July. Condo prices rose 5.5 percent in July, and median condo prices were up 8.6 percent compared to 2013. suns



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Duxbury. Shark sighting prompts swim warning

A Duxbury shark sighting has beachgoers carefully treading water after a "swim at your own risk" warning was issued Tuesday.

The warning came a day after a 15-foot great white shark was spotted 150 yards off the coast of a Duxbury beach, prompting a two-hour swimming ban and a sanddrawn reference to legendary shark thriller "Jaws" ("You're gonna need a bigger boat.")

The sighting prompted Duxbury officials to increase police and harbormaster patrols on the beach and in the water.

"We are advising that if beach patrons wish to swim, they may do so at their own risk with the understanding that if they choose to enter the water, they should do so cautiously and avoid going into the water beyond waist depth," the harbormaster said in a press release.

The shark has not been spotted since Monday.

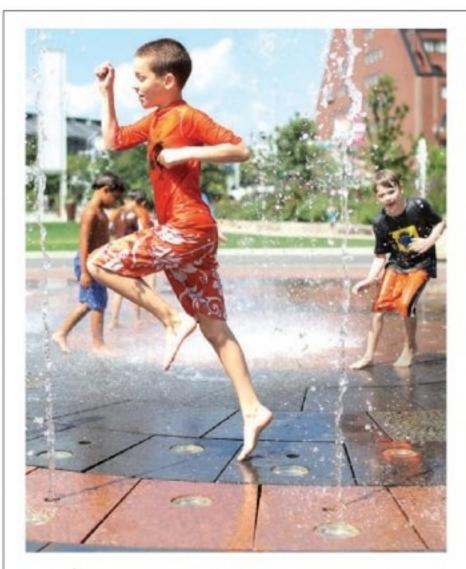
METRO

Auction

Trove of US presidential artifacts to be auctioned

A Rolex watch that belonged to Dwight D. Eisenhower and a cane used by Franklin Delano Roosevelt will be among hundreds of U.S. presidential artifacts to be auctioned off in Boston next month.

The 420 items, which also include a pair of Abraham Lincoln's eyeglasses, will go on sale at an auction at Boston's Omni Parker House hotel on Sept. 17 and Sept. 18. REUTERS



Refreshing end to summer

A young crowd cooled off at the Rings Fountain on the Greenway Tuesday as temperatures rose into the 80s. The mercury is expected to soar into the 90s on Wednesday, according to the National Weather Service, giving Boston some of the highest temperatures in August.

NICOLAUS CZARNECKI, METRO

Boston. Masshole drivers ranked worst in nation

A new report from Allstate Insurance ranks Boston as the second most dangerous city in the nation for drivers, with Worcester securing the honor of absolute worst.

The annual Allstate
America's Best Drivers Report
released Tuesday examined
200 U.S. cities and based its
findings on collision frequency
of Allstate insured drivers from
2011 to 2012. The report aims
to boost the nation's awareness
of the importance of being
safe and attentive behind the
wheel, according to the insurance company.

The report estimates that the average Boston driver will get into an accident about once every four years.

Overall, New England didn't exactly excel in the study.

Springfield came in as the fourth worst and Providence, Rhode Island, ranked as the fifth worst in the nation. The best cities for driving were Fort Collins, Colorado; Brownsville, Texas; and Boise, Idaho.

MORGAN ROUSSEAU



Dangerous driving

The top U.S. cities most likely to experience collisions:

- 1. Worcester
- 2. Boston
- 3. Washington, D.C.
- 4. Springfield
- 5. Providence, Rhode Island

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Defense

Obama says rooting out ISIL will not be easy

President Barack Obama on Tuesday vowed to go after the Islamic State killers of American journalist James Foley and said rooting out the militant group in Iraq and Syria will not be easy.

"America does not forget, our reach is long, we are patient, justice will be done," Obama told veterans gathered at a convention of the American Legion in Charlotte, North Carolina.

Obama, who ordered airstrikes against the militant group in Iraq and may expand them into Syria, said he would do whatever is necessary to go after those who harm Americans.

"Rooting out a cancer like ISIL won't be easy and it won't be quick," he said, referring to an acronym the **United States** uses for Islamic State. REUTERS

Obama authorizes Syria land surveillance flights: US official

Mission. The U.S. will use the photographs to prepare for possible airstrikes on Islamic State.

President Barack Obama has authorized the U.S. to conduct surveillance flights over Syria, a necessary preparation for possible air attacks on Islamic State targets there, according to a Defense Department official.

Obama hasn't decided whether to expand the U.S. fight against the militant group in Iraq into neighboring Syria, his spokesman, Josh Earnest, said Tuesday. He refused to comment on whether the president has approved surveillance missions.

The defense official, who wasn't authorized to discuss the plans, declined to comment



and intelligence officials who spoke on condition of anonymity. / GETTY IMAGES on the timing of surveillance operations. The Associated

American aircraft flying along

the country's borders with Iraq and Turkey has been going on Press, citing a U.S. official, said for many months, another ofthe flights have begun. Surficial said. veillance of Iraqi territory by

One issue for the Obama administration is whether it can

conduct air strikes against the Islamic militants in Syria without bolstering Syrian President Bashar al-Assad, whom the U.S. also opposes.

The White House backs what it calls moderate Syrian rebels while opposing Islamic militants such as Islamic State and the al-Nusra Front, an al-Qaeda offshoot that freed one American hostage this week. They are the most powerful anti-government factions in Syria's civil war.

A year ago, Obama was threatening airstrikes against Assad's forces after they used chemical weapons against rebels. Obama backed off in response to opposition in Congress, his own stated wariness of being drawn into the Syrian civil war and a Russianbrokered plan to eliminate Syria's chemical weapons stockpile and production facilities. BLOOMBERG

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WHO urges severe regulatory curbs on electronic cigarettes

Health. The sale of e-cigarettes has rocketed in the past two years, but there is fierce debate about the risks.

The World Health Organization (WHO) called for stiff regulation of electronic cigarettes as well as bans on indoor use, advertising and sales to minors, in the latest bid to control the booming new market.

In a long-awaited report that will be debated by member states at a meeting in October in Moscow, the United Nations health agency on Tuesday also voiced concern about the concentration of the



Years of age

The U.S. Food and Drug Administration has proposed banning sales to anyone under 18

\$3 billion market in the hands of big tobacco companies.

"In a nutshell, the WHO report shows that e-cigarettes and similar devices pose threats to public health," Douglas Bettcher, director of the agency's department on noncommunicable diseases, told a news briefing in Geneva.

Because they are so new, there is a lack of long-term scientific evidence to support their safety, and some fear they could lead to nicotine addiction and tobacco smok-

"We must emphasize that the onus of responsibility for showing safety, for answering many of these questions, must be on the companies and the industries owning them," Bettcher said.

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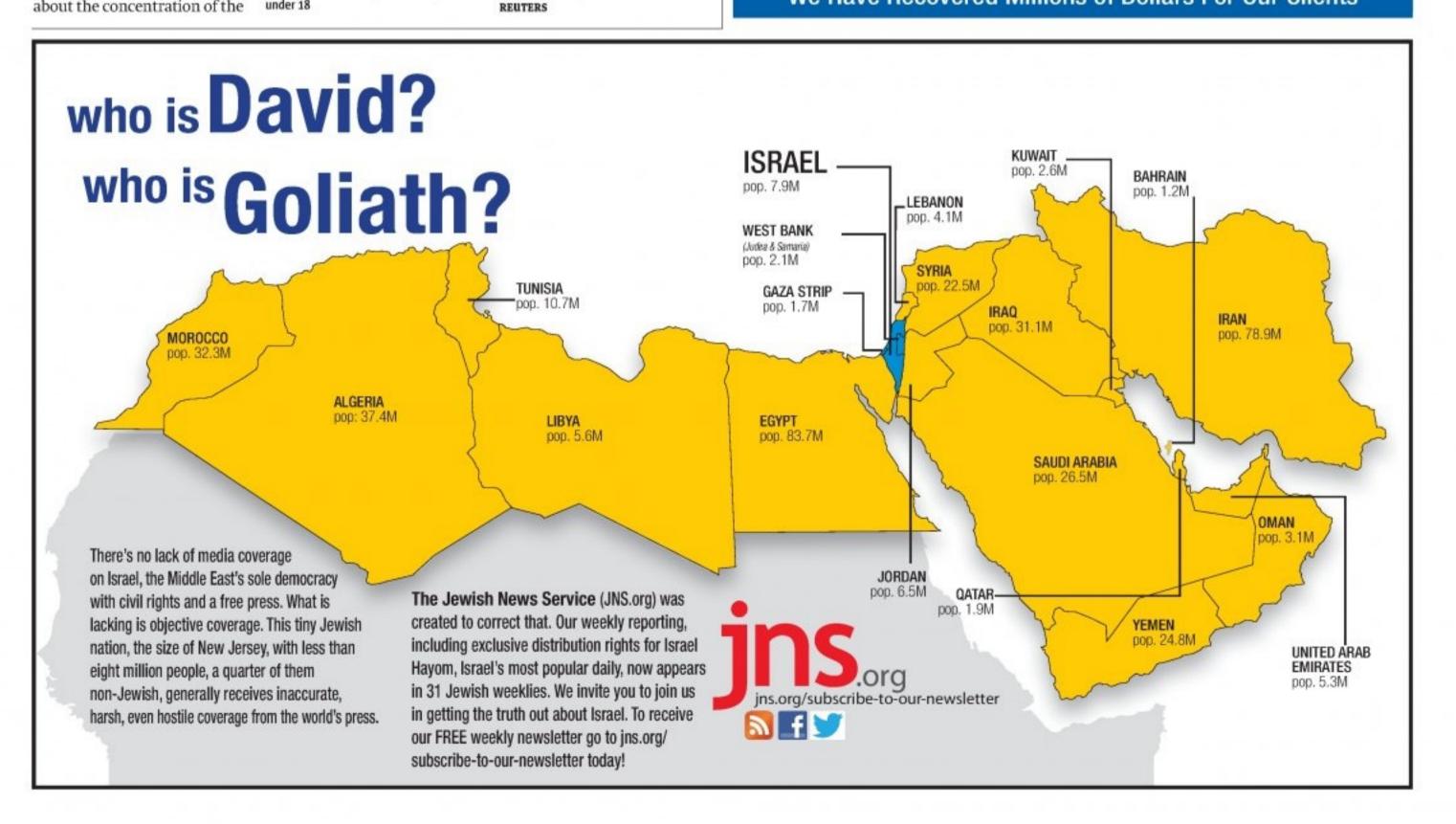
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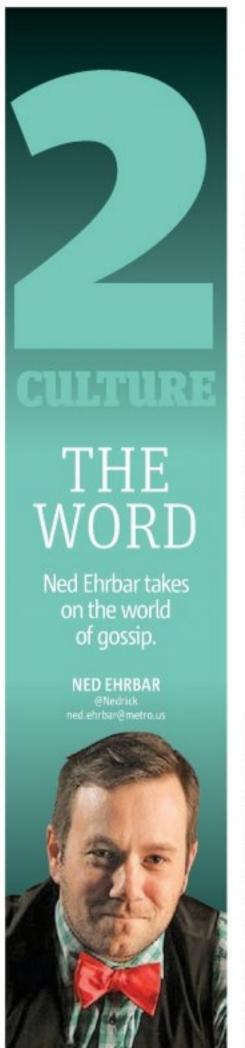
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A Cannon sounds off on Mariah Carey

Nick Cannon's still not allowed to utter a peep about his split from wife Mariah Carey — her lawyers are better than his, see? - but that doesn't mean his dad, preacher James Cannon, can't sneak some cryptic messages into a Facebook post. Nick's dad posted a number of questions that, though they're tough to decipher, seem to point to some very specific marital difficulties. "Here [is] a thing, if the husband say[s] no lies, and the wife lies all the time, what should the man do?" he asks. "Here [is] a thing, if the wife put on

200 pounds and the husband like[s] a nice slim wife what should that man do? Here [is] a thing, if a husband wants to have 10 children and his wife only wants two children then what should that man do?" The elder Cannon, for his part, thinks we're all being ridiculous and reading too much into his grammatically questionable pondering. "I do not get into other [people's] business, not even my own son's," he wrote in a follow-up post. "[Their] business is [their] business and [their] relationship is there [between] them and God."



DiCaprio baby bump alert

Attention! A celebrity is about to diet! After a summer of what a source says was spent "feasting and drinking on yachts," relaxing, growing an impressive beard and generally letting himself go, Leonardo DiCaprio is looking to downsize and ditch 10 pounds by autumn, according to Star magazine. "He has given up pasta — and he loves pasta," says a source I can only

> assume is DiCaprio's mother. "He also plans on working out more, and he is taking his bike wherever he goes." I will say this: It's refreshing to

see this kind of attention paid to a male celebrity's figure and diet for once. Maybe we're actually getting close to that whole equality thing after all. But what prompted this move on DiCaprio's part? Did a tabloid run a photo suggesting he might be pregnant?

Vergara knows she's hot and funny

Sofia Vergara hears your complaints that her Emmy bit rotating on a turntable to give viewers "something compelling to look at" while TV academy head Bruce Rosenblum droned on - was sexist, and she disagrees. "I think it's absolutely the opposite," Vergara tells Us Weekly, "It means that somebody can be hot and also be funny and make fun of herself ... Someone who started — and I know who she was — has no sense of humor." Is the "she" Vergara's refers to Katie Couric? Couric, after all, tweeted, "Did anyone else find that shtick somewhat offensive?"



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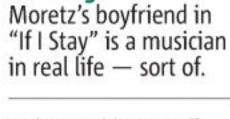
The breakthrough: Jamie Blackley

The details

Jamie Blackley

- Where he's been:
 The 23-year-old Brit has mostly played small roles in "Snow White and the Huntsman" and "The Fifth Estate."
- Where he is now:
 He's the rocker boyfriend
 trying to coax Chloe Moretz
 out of a coma in the YA hit
 "If I Stay."
- Where he's going: The aptly titled "Untitled Woody Allen Project."





Greetings. Chloe

You're a musician yourself, right?

Yeah, I've played the guitar since I was 12 — just very kind of basically, and never in bands or anything, just by myself. It was just in the buildup to this [movie] that I had a few lessons back at home in London just to get to know the songs as well as I could. And then we had a bunch of band rehearsals once we actually got to Vancouver.

How did it feel pretending to be a guy in a band, then?

Oh, it felt amazing. It was so



much fun; it was brilliant. Those were the most fun scenes for me to do, all those club scenes. All these people being asked to jump up and down and pretend that they like you, it was pretty fun.

How was it developing your chemistry with Chloe Grace Moretz?

She's just easy to get along with. We just messed around the entire time, really, and had fun with it. I can't imagine Q&A

The Woodman

Your travels have taken you to Woody Allen, which isn't too shabby.

I've literally just finished that.
I'm not allowed to say anything
about what it's about, but all I
can say is that all of the cast is

super great, and it was really exciting to work with those kind of people and to work with Woody as well.

FILM

And that's something you'd go see in theaters?

Well actually, I'm not allowed to see a full script.

doing it with someone you absolutely hate — that would've been difficult. But she's just a normal kid and I'm a normal guy, and we just got on with it and had fun, really.

How have you handled the progression of your career so far?

It feels like I'm slowly kind of learning as I go, really. I still have to go in there and audition and do the best job that I can and hope that the stuff that I like, people want to hire me for. That's what I'm carrying on doing right now. My kind of policy is if I do stuff that I would enjoy going to the cinema to watch, then wherever that takes me, I'll just go with it. I'm going to try to, anyway.





How are an opera director and Chuck Berry linked together?

Opera director Peter Sellars might have accepted the prestigious Polar Music Prize in Stockholm yesterday, but he still doesn't quite consider himself a musician.

"Music is what I spend my day doing, but when you're in a room with the amazing people that I'm in a room with, you get to have a very humble view of your own self," he says. "I think of myself as kind of helping out."

Only two musicians receive the Polar Music Prize each year, and Sellars joins the company of past winners Paul McCartney and Stevie Wonder, so he might want to reconsider that perception of himself. This year he shares the honor with Chuck Berry, a musician whom Sellars is quick to redirect praise to.

"He is responsible for not just a great moment in the history of music but a great mo-

relationship of honest and

open communication with

serve as a gateway to the often intimidating world

of healthcare and illness."

my patients in order to



Quoted

"Music opens up space that didn't exist before and creates a new way that people feel and think of themselves and see each other." Sellars ment in history," says Sellars.

Sellars was born in Pittsburgh in 1957, the year before Berry released "Johnny B. Goode." But whereas Berry took a rock 'n' roll path, it was opera that appealed to Sellars. From the time he was 10 he worked at turning the conventional notion of what opera is on its head. Most notably has been where he has chosen to stage operas: in a Cape Cod diner, in a luxury apartment in Trump Tower and in the 1980s, he chose Spanish Harlem for his take on Mozart's "Don Giovanni."

In conversation, Sellars' tone takes on a quality of awe as he discusses the power of music: "When people get caught up in the places that music can take you, they do amazing things."

Luckily, Sellars is there for, as he says, "helping out" with those amazing things.



Polar Music Prize.

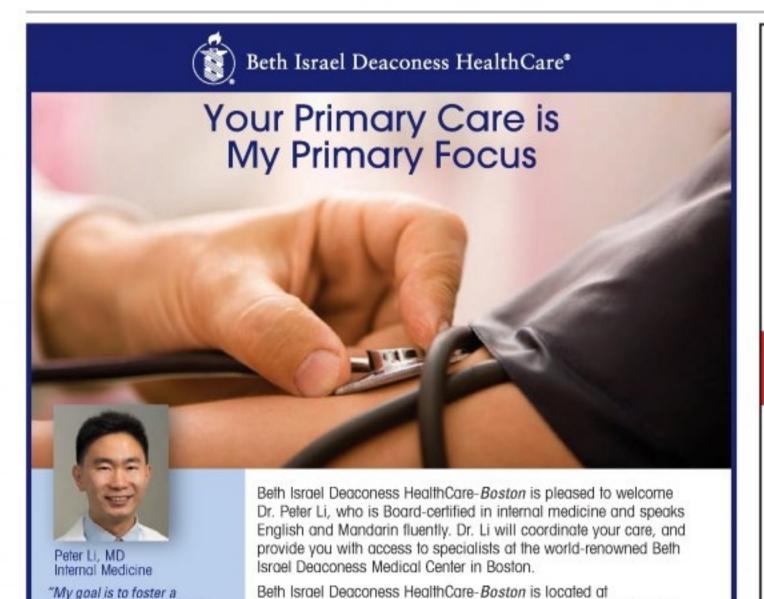
Peter Sellars took home a very special award yesterday, so maybe now he can finally admit that he's a musician.

Opera can be fun!

His revolutionary approach:

"I grew up staging a lot of things to music ... and most operas I heard were only from records, so I imagined all these amazing things happening," he says. "I was really shocked when I went to my first opera and realized, 'Well, they're just standing there.' So for me opera was this thing that was just teeming in the imagination with all the possibilities. For me it was just a totally normal thing to say, 'Let's make this as exciting as it should be!""





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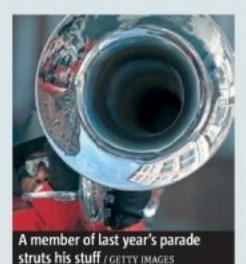


How the North End prepares for a 'feast of feasts'

Slush King

The King is ready for the parade crowds

While the parade honoring St. Anthony (and all the bands that perform in it) is an important part of the festival, it wouldn't be complete without all the street food vendors. It takes five days for Slush King - part of the



old guard of Boston street vendors — to manufacture enough slush to feed the crowds. Mark Nolan, the titular king, will load it onto carts that he only uses for the North End feasts. Slush King's wares have been at St. Anthony's for nearly five decades - long enough to know he'll sell between 250 and 300 gallons of the icy goodness.



Local festivals. The Feast of St. Anthony might be the North End's biggest bash, but it takes a lot of planning to get there.

Anthony is the patron saint of finding lost things. For four days in August, as Bostonians know, he's also the unofficial patron saint of losing a bunch of them — belt buckles, girlish figures or the ability to hide behind thin objects. For the four days of the Feast of St. Anthony in the North End, there are 361 days of planning. Feeding the North End "feast of feasts" takes endless work.

To see the statue of St. An-

Quoted

"People think that the funding comes entirely from the donations pinned to the saint. Now it mostly comes from sponsors."

D'Amore

Did you know?

The year of the first St. Anthony's feast in the North End

thony paraded through the streets, one would assume that the event is funded by the crowd-donated streamers of money, called calendars, strewn around the saint. And that's how it used to be. But as the North End Italians spread throughout the country, that's no longer an option.

"People think that the funding comes entirely from the donations pinned to the saint," says Paul D'Amore, feast committee member and owner/ chef of North End restaurant Massamino's. "Now it mostly comes from sponsors."

It isn't just the money; the society also faces immense logistical challenges. For instance, the 100 pounds of confetti that rain onto the parade need to be purchased; they don't (ahem) just fall from the sky.

In more innocent times, the confetti was more spontaneous - North Enders shred newspapers to throw off rooftops. These days, the Society needs to use confetti cannons.

As the event nears, food venders and restaurants begin to prepare. D'Amore estimates that his business will pick up 25 percent during the feast.

This weekend, all those preparations come to fruition. Although the festival might have changed since it began in 1919, one thing remains the same: The run on Pepto-Bismol the week after will be well worth it.

JOE UCHILL @MetroBOS letters@metra.us



BASH: Beverages and Societal Health

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Listings

ART

Africans in India: From Slaves to Generals and Rulers

Through Saturday Museum of African American History 46 Joy St., Boston, \$5, 617-720-2991 www.maah.org

This week is your last chance to see this exhibition, which investigates a relatively unsung branch of the African diaspora - slaves transported by Arab and Portuguese traders from southeastern Africa to India, and their living descendents in modernday India and Pakistan, known as the Siddi people. Thursday's programming includes a talk by a journalist and artist, both of Siddi descent.

MOVIE

'Shaun of the Dead'

Friday, 11:59 p.m. **Coolidge Corner Theater** 290 Harvard St., Brookline \$11,617-734-2500 www.coolidge.org 2002's "28 Days Later" may have

reminded us how scary zombies could be, but 2004's zom com irony fest "Shaun of the Dead" reminded us how silly they can be. That it manages to stay funny no matter how gory things get is a good example of how tone can make all the difference between horror and comedy.

BOOKS

Kara Weiss

Thursday, 7 p.m. More Than Words Bookstore and Café, 242 E. Berkeley St., Boston Free, 781-788-0035 www.mtwyouth.org

This author will read from and discuss her novella "Late Lights," which tells the story of Monty, an impoverished kid just out of juvenile hall and seeking his two best childhood friends. BJ, a former tomboy, is sexually confused and sad, while Erin, a rich girl, has a promising future and isn't sure where Monty fits in.

COMEDY

'I'll Leave You with This'

Friday, 11 p.m.

ImprovBoston 40 Prospect St., Cambridge \$10, 617-576-1253 www.improvboston.com

Though best known for improv and sketch shows, for the month of August, ImprovBoston has featured local stand-up comedians every Friday. The final stand-up showcase this month is hosted by Sam Ike and features Ethan Marsh, Ken Reid and Alingon Mitra. All three are worth seeing by themselves - together they amount to a lotta bang for your comedy buck.

DANCE

Soul Sessions

Sunday, 10 p.m. to 1 a.m. Zuzu , 474 Mass. Ave., Cambridge \$5-\$10, 617-599-5880

1000virtuesdance.wordpress.com 1000 Virtues Dance presents Soul Sessions, a unique night out somewhere between a party and a live music and dance concert. The artists mingle with the crowd and everyone gets down to the DI's tunes - for this night it'll be DJ Lotussound. No performers are named, but we're told they hail from Berklee, Alvin Ailey, Emerson, Urbanity Dance and other fine local institutions.

MATTHEW DINARO

THEATER



'Macbeth'

Through Sunday Various locations. Boston; Free, 443-880-4328; www.brownboxtheatre.org

If you're craving more free outdoor Shakespeare after this summer's "Twelfth Night," Brown Box Theater will be performing "The Scottish Play," as superstitious performers like to call it, for all and sundry in several Beantown spots through the end of the week. Check the website for details. Nothing like a good dose of murder and insanity to send off the summer in style!

The Weekly Yelp. Ladies' Night destinations

Girl, it's ladies' night, and the feeling's right. It's time to gather up your friends and get down at these scintillating spots that are definitely BFF-approved.

Estragon

7000 Harrison Ave., South End The atmosphere and interior decoration is

just as amazing as the food! Very romantic, chic, trendy, with candlelit tables perfect for a date or a girls' night out. HANA K.

Lolita Cocina & Tequila Bar

271 Dartmouth St., Back Bay Definitely a place to get together with your girls ...

GIANT cotton candy with pop rocks on top. We were taking selfies with it, Snapchatting with it, and nomming hardcore on it. SOPHIE P.

1357 Washington St., South End

place to bring my girlfriend for our goodbye lunch. Feel free to dress up a little because the atmosphere beckons you to.

cotton candy! / JESSICA P. / YELP

Yes, Lolita Cocina is a bar that serves

Pellino's Ristorante

2 Prince St., North End Appetizer-wise, we started off with the mussels and chicken parm spring rolls and both were delicious. SAMI M.

Yelp has been connecting people with great local businesses since 2004. Sign up for weekly emails yelp.

Union Bar and Grill

It's spiffy and chic - a great

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Say it ain't so, summer

Au revoir. Before you dive into your fall wardrobe, Jonathan Adler shares how to make that last summer party count.

We're not ready to put away our strappy sandals just yet, and it sounds like designer Jonathan Adler isn't quite ready to believe summer is ending, either. He refused to acknowledge the oncoming cold weather, telling us, "You gotta pretend it's summer up until Thanksgiving and then surrender." Lucky for all of us, there's one more big summer holiday weekend before we have to start breaking out the ice scrapers, and Adler took a break from boogie boarding at his beach house to tell us how to keep that Labor Day party festive.

Get this

Adler partnered with champagne experts Chandon to design a special tray to go along with some mini Chandon bottles.

 "[My tray has] a nautical motif.
 Kept it light and bright and patriotic. I think any guest would be thrilled to come and see a tray of mini Chandons," says Adler. The tray is available at local Jonathan Adler stores.



Keep things going swimmingly

It's the end of summer, so I always try to go nautical nautical, nautical, nautical. And I'm not just saying that because I'm staring at the sea even as we speak. It's just because want to keep summer spirit alive, and nothing says summer like blue and white.

COTE D'AZUR

MELAMINE SALAD

SERVERS, \$6.99,

ONATHANADLER.COM

Bring on the competition

I love a good game, from the indoor variety, such as backgammon, to the more outdoorsy, such as horseshoes or kadima.





Make the music pop

A rocking playlist is always good. I myself am a fan of the pop country genre. ... I have lots of Miranda Lambert, and Brandy Clark is my girl, so she's on there. And then I throw in a lot of pop hits. ... I'm debating whether the song of the summer is "Summer" by Calvin Harris, or "Fancy," so they would both make an appearance and I'd let my guests decide.

Grill up a storm

I want [the menu] to be easy, easy, easy, easy, so I love a good skewer. Anything on a skewer — my theory is that you can take anything and skewer it and then fire away.





For the city dweller

It's about channeling Saint-Tropez even if you're living in a fifth-floor crappy walk-up studio apartment, as I used to be. You put on a jaunty nautical chapeau and live as if you're in Saint-Tropez. Throw up a summer lantern and some lights as if you're outside and play pretend.





Rules of the game

Adler says he has a few strict rules for his summer parties. First things first, don't neglect the host.

"I always serve myself first because I deludedly believe that it makes people feel more comfortable. It's really just that I'm a piglet."

Keeping count

8-16

Thinking of throwing a Labor
Day rager? That's not really
Adler's style. He likes to keep the
guest list small: "Minimum eight,
maximum 16 — not too sad and
not too overwhelming."



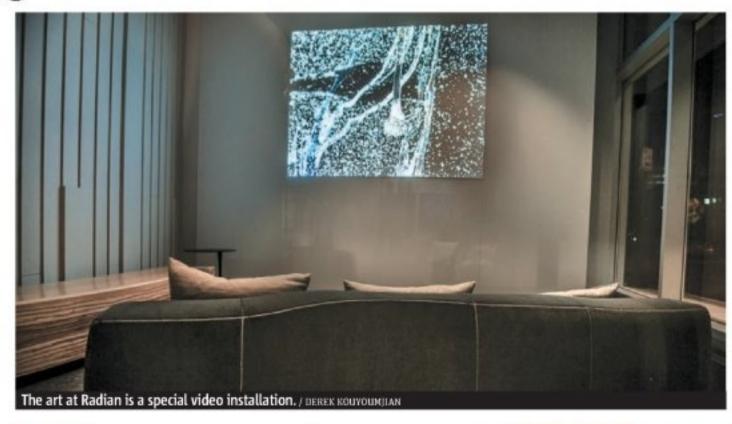
Bring a museum into your home

Housing. Some new apartment buildings consider an art installation a must-have.

Home, for some, is where the art is. From paintings to video art, residential buildings increasingly add art as a necessary fixture, right along with the doorman. Radian opened in May near the Rose Kennedy Greenway with an expansive art selection favoring local artists, including Half & Half & Honey by Alyson Denny, a colorful ever-moving single-channel video loop.

"Not to have art would feel dry, less human," says Radian co-developer Noam Ron, who was instrumental in selecting the art. "The art gives an immediate appreciation and opportunity to differentiate between other buildings. Half & Half & Honey is quite unique; I don't know of another residential building in the country with a permanent indoor video art installation. Certainly, it's the first in Boston."

Passersby can glimpse the piece through the windows on Kingston Street, but Radian's art is, like most residential building's, a private art collection available only to "insiders." The Arlington in the Back Bay, however, optioned the ground floor adjacent to the lobby for a restaurant and art gallery, Liquid Art House. Independently run, Liquid Art House's exhibits are rotated throughout The



Quoted

"Not to have art would feel dry, less human. ... I don't know of another residential building in the country with a permanent indoor video art installation. Certainly, it's the first in Boston."

Noam Ron, Radian co-developer

Arlington's private common areas and hallways, but anyone can view the art over dinner or a drink.

In Fort Point, following nearby residence/art space innovator FP3's ideals, Gerding Edlen Development's two rental buildings, 315 on A and Factory 63, both focus on art. Ross Chanowski first lived at Factory 63 on Melcher Street and then moved to 315 on A. In September, he's opening an exhibit at his former home. "Living in both buildings has opened up my world to art and I've jumped right in," says the 25-year-old. "This is an exhibition of the work from Artists for Humanity, curated by Meredyth Hyatt Moses and produced by me. ... Having art in my home, in a communal space, serves as a unifying force for residents and neighbors alike."

eMetroBOS letters@metro.us

Broad appeal

Keeping everyone happy

One person's art is another's nightmare; choosing widely appealing yet innovative fixtures is key.

"We thought abstract would work on many levels," says Ron. "We avoided hyper political or paintings of the Zakim Bridge. We didn't want cliches or to be hyper-urban and self-referential, like architectural drawings of the building. People arrive home and often want respite from the hustle and bustle. They're downtown, but they're also home and want to leave the city behind."







THE APP 'FRENCH GIRLS' IS THE OPPOSITE OF SOCIAL MEDIA

French Girls

Platform(s): iOS Price: Free

Why is the app "French Girls" called "French Girls"? Why is its mascot a smoking, overweight, bearded hippie in a Speedo? Why does this app — which allows over one million users to sketch drawings of random strangers' selfies on their tiny phones — exist? We can really only answer the first question: It's a line from "Titanic."

Loopiness is what may attract users to "French Girls," but its function is simple, even mildly subversive. The idea is to draw people (or dogs, or washing machines or whatever people put up there), which you choose from the untold number of selfies available to you.

In a way, "French Girls" is really the opposite of social media, even though it puts you into some form of contact with millions of strangers. You don't put your name on it or get to know people. The only thing French Girls asks you to share is your face. MATT PRIGGE

DIY

Affordable home SLS printer coming

Desktop Selective Laser
Sintering, or SLS, is a highly
sought-after item in the 3-D
printing world. SLS printers
print by layering fine powder,
then "sintering" or melting
it with a laser. Typically these
machines are extremely
expensive and quite large.
The company Sintratec is
hoping to change that. It
hopes to raise enough to
ship kit printers at under
\$5,277 —relatievely cheap
for the machines.

The 2014 World Maker Faire will be held at New York Hall of Science on Sept. 20 and 21. Go to www.makerfaire.com

Maker Faire







One switch for a healthier dish

Don't change what you're eating — just make it better.



When it comes to eating well, everyone knows they could be doing better. But cooking in an apartment on a busy schedule is a recipe for ordering Chinese food rather than using the wok gathering dust in the kitchen cabinet.

And on the rare occasion you do feel like cooking, you're set in your ways. Throw a few things into an anythinggoes dish such as stir-fry or fried rice or a no-brainer salad or smoothie, and you're on the couch just in time for "The Vampire Diaries."

But what if you could make the things you're already cooking better for you? To be a successful adult — not to mention a properly nourished one — you've got to make the time to cook. We talked to chef Phoebe Lapine about four easy ingredients to work into your next dish for a flavorful, more nutritious meal.



EVA KIS @thisiskis eva.kis@metro.us

Aloe vera juice

Packed with vitamins A, C and E, the juice of the plant's inner leaves has many beneficial properties once you get past the taste.

Benefits: Great for a healthy digestive tract, and you don't need much: about an ounce daily.

Swap: Try it in water instead of cucumber for a mineral kick. "It might even be an interesting background flavor for a cold soup like cucumber vichyssoise white gazpacho," says Lapine. If you absolutely can't get over the taste, blend a spoonful into your smoothie. Aloe Vera THE VITAMIN luice SHOPPE ALOE VERA

JUICE, \$5.49

Liquid aminos

Derived from soybeans, it tastes like soy sauce although it's lighter in color and more subtle in flavor.

Benefits: Of 20 amino acids, which combine to form the building blocks of muscles and organs, the body can make 10. Liquid aminos contain 16.



Hemp seeds

These magnesium-packed seeds have the ideal 1-to-1 ratio of omega-3 and -6 fatty acids, with anti-inflammatory properties and sterols, which reduce cholesterol.

Benefit: They're rich in protein, essential fatty acids, fiber and antioxidants and don't need to be ground to get their benefits.

Swap: Use them instead of pricey pine nuts in pesto. The mild flavor makes them an easy way to boost the protein content of a dish. "I love them sprinkled on top of salads, mixed into my smoothies or finishing a cooked dish with nutiva some as garnish," hempseed Lapine SOCIAL says.

NUTIVA ORGANIC

SHELLED HEMP

SEED, \$7.20

Apple cider vinegar

Bragg's version is made with organic apples; the finished product is unfiltered and unpasteurized.

Benefits: It can help level out your blood sugar and protect your gut. Stir some into your tea with honey, lemon and cayenne for an immunity boost.



Columbia University. Drug reverses autistic behaviors in lab mice



A new Columbia University brain study on mice has promising results for the more than 2 million people in the U.S. who have some form of autism.

The research team found that the cortexes of autistic children's brains were at least 50 percent more densely packed with synapses than normal brains. Synapses are the links between neurons that allow them to communicate — too many of them means the neuron is receiving excess data, much of which is irrelevant.

Neuroscientists were able to reverse autistic behaviors, such as difficulty socializing, by giving the mice an immunosuppressant commonly used

By the numbers

2M

Number of people in the U.S. on the autism spectrum

to prevent organ rejection. The drug was able to restart the natural process of synaptic pruning.

Though a definitive link between brain overconnectivity and autism has not been established, many of the genes known to be present in autistic individuals play a role in synapse pruning. And the discovery that synapse pruning reversed autistic behavior in the lab mice suggests overconnectivity may be key.

While the results are promising, the drug used in the study, rapamycin, can cause serious side effects.

One remaining puzzle is how the mice's brains, or the drug, know which synapses to keep and which to prune. Dr. David Sulzer, who led the study, said "the mice started behaving normally" after receiving the synapse-pruning drug, "which suggests the right ones are being pruned."

REUTERS



Horoscope

W Virgo | Aug. 23-Sept. 22.

Don't try to keep up with what others are doing. Spend time on your own projects and take things as they come. If you trust in your abilities, you'll rise.

If you are doubtful about a new offer, reserve judgment until you have all the relevant details. Ask questions and find out what you are dealing with.

M Scorpio Oct. 23-Nov. 21. A partnership will develop and complement what you have to offer, if you are assertive

enough. Be clear about boundaries and honest about your expectations.

Sagittarius | Nov. 22-

Dec. 21. Make a point not to lend, borrow or gamble. You will be further ahead if you observe without participating. Love is on the rise, and romance will make your day.

Capricorn | Dec. 22-Jan. 20.

Don't jump at the first offer that comes your way. Wait until you find the most attractive deal and negotiate until it fits your agenda. A savvy show of knowledge will lead to success.

Aquarius | Jan. 21-Feb. 18.

Financial benefits are possible if you take advantage of a promising deal. You may learn some valuable lessons by helping take care of another's financial affairs.

Pisces | Feb. 19-March 20.

Don't be fooled by appearances. The person or deal that seems so attractive at the moment will turn out much worse than anticipated.

March 21-April 20.

Don't settle for second best. Your leadership qualities can propel you to the top of your career, so make sure that everyone knows you mean business.

Taurus | April 21-May 21.

A personal change will boost your confidence. Look after details that bring you closer to your goals. Once you feel that you've achieved what you want, you will be able to help others.

II Gemini | May 22-June 20.

Hard work is good for you, but once in a while you need to take a break. Open your home to friends and colleagues for a night of socializing or network-

Gancer | June 21-July 22.

Stay calm and avoid coming on too strong. A demanding approach with others will alienate you. Keep emotions in check and avoid discord.

Someone you have worked with in the past will be the key to a lucrative partnership now. Your moneymaking ideas, propelled by experience, will take flight. EUGENIA LAST

Letters

Ferguson shows racism still alive in US

Re: 'Let the jury, not the mob, decide' (Metro, Aug. 25) What you fail to realize is that this case is about more then about an unarmed African-American teenager shot by a police officer. This tragic incident was merely the straw that broke the camel's back from a place that has known racism and injustice at the hands of those in power. Yes, you are correct that a mob should not dictate the outcome of this ongoing case, and the officer is innocent until proven guilty. However, the Ferguson Police Department has handled these events horribly and it raises serious questions.

First they leave the boy's body in the street for four hours, with no facts given about shooting. When they announced the officer who shot Michael Brown, they paired it with a video not related but supposedly of the dead teenager (a tactic used to smear the victim), no report to come out of the incident in two weeks' time, they will not replace the prosecutor

whom the citizens of Ferguson do not trust to be fair. And lastly, who can forget the crazy militarized gang of officers pointing guns at our people and arresting reporters like it is a second-world country. Add to this to the history of racism in Ferguson, and these people have every right to be angry their children are being shot unarmed in the streets.

I am Caucasian, and I found it hard to believe that racism still exists like this, but regardless of what the Supreme Court says, racism is alive and well in the United States. The Ferguson Police Department

has no rapport with the people they supposedly serve and protect, and this was evident by their over-the-top reaction and also in their inability to peacefully end hostilities. Also, let's be clear: Every officer pointing weapons at civilians of our country is inexcusable and they should all be fired, no ifs, ands or buts about it. CASEY ZINITI, VIA EMAIL

letters@metro.us



Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

Sudoku: Easy and hard

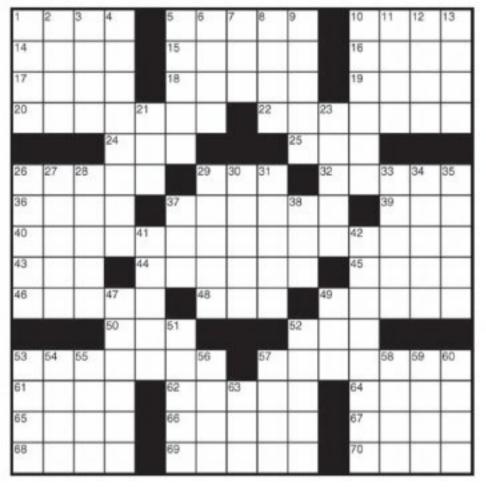
	1							5
9	23		5		1	4		3.
5				7		3		6
	2		4					
8	6	3		5		9	7	4
					8		3	
6		2		1				3
		4	3		7			8
3							6	

			8	4	3		9	
	8					4		
		7		2		1	8	
9	7		2			3	4	
	5	6			4		1	8
	9	5		7		2		
		2					6	
	6		5	8	2			

How to play

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Crossword



Across

- 10 Plop down

- 20 Dump truck fillers

- 32 Porous gem
- 36 Prefix with "byte"
- 40 Whatever refuge (5
- 45 Small brown bird

- 1 After frosh

- 24 Soyuz destination
- 25 Velvety surface
- 29 Test tube's place

- 39 Moo goo pan
- wds.)
- 43 Gusto

- 5 Looked radiant
- 14 First name in jazz
- 15 Poolside turban
- 16 Chenille item
- 17 Encumbrance
- 18 Archipelago dot
- 19 vera
- 22 Kind of radar
- 26 Baldwin et al.

- 37 Beethoven opus

- 44 Ill- gains
- 46 Reply to a knock

48 W. Hemi-

- sphere alliance 49 Advances
- 50 Cartoon Chi-
- huahua
- 52 Peggy or Brenda 53 Blushing
- 57 Freezing (hyph.)
- 61 Petty of "Free Willy"
- 62 Erected
- 64 Reason to cram
- 65 Strong - ox
- 66 A funny Murphy
- 67 Nerve network
- 68 Opposite of wax 69 Vaults
- 70 Go over quickly

- Down 1 Talk up
- 2 Hodgepodge 3 Urgent request
- 4 Disadvantage 5 Moves about

6 "Bonanza" role

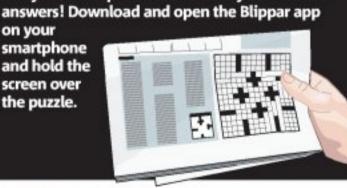
- senger 8 Shortfall
- 9 John of "Crocodile Rock"
- 10 Soda shop buy
- 11 Recline lazily
- 12 Woodwind 13 Gaze
- 21 Winding curve
- 23 Family men
- 26 Dumbfounded 27 Flax product
- 28 Osiris' realm 29 State-run game
- 30 Loos or Ekberg
- 31 Nuisances 33 Mall for Plato
- 34 More infrequent
- 35 Sketches 37 Theater sign of yore
- 38 Bronzed 41 Mean people
- 42 Splinter remover
- 47 Weasel, in winter 49 Corn Belt st.

7 Pea-green boat pas-Visit us online at Metro.us.

Use your smartphone to find today's crossword

on your smartphone and hold the screen over

the puzzle.



Yesterday's answer

- 51 Dynamite inventor
- 52 Troubadour instruments
- 53 Lobster appendage 54 Diva - Ponselle
- 55 Irag's neighbor
- 56 Rubens model 57 Minor mistake
- 58 Business VIP
- 59 Pro (in proportion) 60 Ominous sign
- 63 Ms. Lupino

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Patriots betting on Wright being a star

NFL. The Patriots have a new, versatile tight end on their roster in Tim Wright.

It appears that the Patriots were entertaining the idea of cutting Logan Mankins outright at some point due to his sizeable contract. But they got some return Tuesday, in the form of a future fourth-round draft pick from Tampa Bay and second-year tight end Tim Wright.

The undrafted Wright was the definition of an overachiever in his rookie season, outperforming tight ends who were actually selected in the 2013 draft. Wright's 54 catches for 571 yards and five touchdowns were more than Washington's Jordan Reed (45 catches, 499 yards, three TDs), Cincy's Tyler Eifert (39 catches, 445 yards, two TDs) and Philly's Zach Ertz (36 catches, 469 yards, four touchdowns).

Though Tampa Bay ultimately gave up on Wright (they brought in tight ends



By the numbers

54

Wright caught 54 balls for the Bucs last season, more than Washington's Jordan Reed, Cincy's Tyler Eifert and Philly's Zach Ertz — all of whom were fellow 2013 rookie tight ends. Brandon Myers and Austin-Seferian Jenkins), new Tampa Bay head coach Lovie Smith at least claimed he was impressed by Wright's versatility. That versatility has to make Pats coach Bill Belichick salivate as New England has been missing that type of shifty player at tight end since Aaron Hernandez landed in jail. Interestingly, Smith says that Wright can line up in the backfield (he was credited with one carry for two yards last year) and the Pats would often utilize Hernandez as a rusher.



Fond farewell



Mankins praised by Belichick on way out the door

The Patriots waived goodbye to the anchor of their offensive line Tuesday, trading guard Logan Mankins to the
Buccaneers in exchange for
Tim Wright and a fourthround draft pick. Mankins
had been a fixture on the
New England offensive line
since he was drafted out of
Fresno State with the 32nd
overall pick in the 2005 NFL
Draft.

"Logan Mankins is everything we would ever want in a football player," Patriots head coach Bill Belichick said following the trade. "Unfortunately, this is the time of year when difficult decisions have to be made, and this is one of the most difficult we will ever make."

Mankins and the Patriots had a very public contract dispute in 2010. METRO

MLB power rankings | by Ryan Hannable

No.1



(77-53)

Despite having a fastball in the high 80s, Jered Weaver is tied for second in the AL in wins with 14. The pitching staff took a huge hit this past week, however as Garrett Richards suffered a seasonending knee injury.

No. 2

Athletics (77-53)

The A's have dropped six of their last 10 games, but are starting to get their offense back on track.

No.3

Nationals (75-55)



The Nats' 75 wins are the most in the National League as they lead the NL East by 7 1/2 games.

No. 4

Orioles (74-55)



Chris Tillman is having a solid season as he has 11 wins and a 3.41 ERA. There are pitching depth issues here, however.

No.5

Dodgers (74-58)



Yasiel Puig is getting it done at the plate, as his .305 average is fifth in the National League.

No. 6

Brewers (73-58)



Aramis Ramirez is having a career-year at the plate as his .307 batting average is fourth in the NL.

No. 7

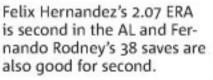
Royals (72-58)



Perhaps one of the more underrated players in the league is Alex Gordon, who owns a 5.5 WAR.

No.8

Mariners (71-59)



No.9

Cardinals (71-59)



The young St. Louis bullpen is shining again as Trevor Rosenthal has 39 saves, tied for first in the NL.

No. 10

Tigers (70-59)



Miguel Cabrera is pacing the Tigers offense as his 89 RBIs put him in fourth place in the American League.

No. 11

Yankees (68-61)



The Yanks refuse to go away. They have won five in a row and are just three games out in the wild card race.

No. 12

Giants (68-62)



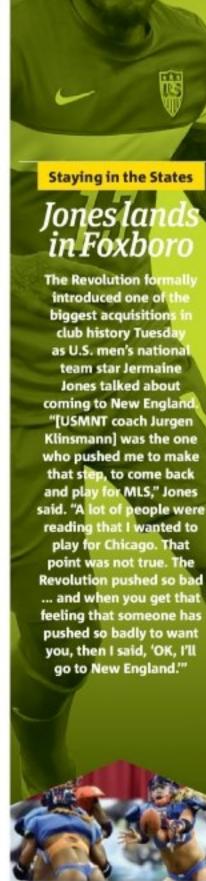
San Fran has fallen off of late as it has lost three straight and is now fives games out in the NL West.

No. 13

Pirates (67-64)



Pittsburgh is another team slumping at a bad time as the Pirates have dropped seven of their last 10 games.



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MGH HARVARD

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Researchers at MGH are studying the use of a low dose of a marketed medication for people taking antidepressants that are no longer having the same therapeutic benefit.

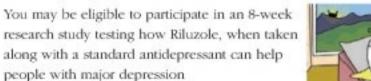
Participants must have received antidepressant treatment, felt better for at least 3 months with this treatment, and then begun to feel depressed again.

Study medication is provided at no cost. Compensation is provided for attending study visits.

If you are between the ages of 18 and 65 and you are interested in participating, please contact Lindsay at Ihylek@mgh.harvard.edu or 617-726-8727.



Are You Depressed? And Not In Treatment?





To qualify: You must be between the age of 18-75 years, no antidepressant treatment for at least 3 weeks.

Study Details: Eligible participants receive psychiatric evaluations, two blood draws and all study medications free of charge. Financial compensation: of up to \$225 will be provided for completing the study.

For more information, please contact the RAPID Trial Study Coordinator at: 617-525-6497 or RCNET@partners.org Brigham and Women's Hospital, A'Teaching Affiliate of Harvard Medical School

Tai Chi Classes! **Contact Tufts Medical Center**

Must be 21 or older & diagnosed with fibromyalgia

Have you been trauma exposed OR do you have Chronic Pain and Post-Traumatic Stress Disorder (PTSD)?

Are you medically healthy and NOT on any medications?

If so, you may be eligible to participate in a 3-month exercise training program at VA Boston Healthcare System in Jamaica Plain.

Eligibility

- Men and Women 18-55 years of age
- Individuals with and without Chronic Musculoskeletal Pain
- Medically healthy and NOT on any medications

To learn more, please contact (857) 364-5568





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Have you been diagnosed with

PARKINSON'S DISEASE.

If you are over the age of 40, with no alcohol or drug dependence, you might be eligible to participate in this research study.

This study examines a method of non-invasive brain stimulation called Transcranial Direct Current Stimulation (tDCS) combined with transcranial ultrasound (TUS) and their effect on the symptoms of Parkinson's Disease.

Study visits will be conducted at Spaulding Rehabilitation Network Research Institute (SRN-RI) in Charlestown, MA, and will require 17 visits (1.5-2 hours each) over an 11-week period.

Compensation is \$25 per visit.

For more information, please contact the Laboratory of Neuromodulation by phone at 617-952-6151 or by email at recruitment@neuromodulationlab.org.



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You may qualify to participate in a research study to see if Sulfasalazine, a drug approved by the FDA for colitis and rheumatoid arthritis, can help improve pain in people with painful diabetic neuropathy.

The study is done at Massachusetts General Hospital Center for Pain Medicine. It involves an interview, physical examination, questionnaires and a blood sample. You will take the study drug and placebo for 2 two week periods. The estimated time you will be in the study is up to 8 weeks.

Financial compensation will be provided.

For more information, call 617-726-5186



Are you a woman struggling with depression?

Experiencing fatigue or low libido?

You may qualify to participate in a research study at MGH investigating the benefits of adding a natural hormonal treatment to your current therapy.

You may be eligible If:

- You are a women between the ages of 21-75
- You are taking an antidepressant medication but still feeling down

This study involves taking a low-dose testosterone or placebo treatment for 8 weeks. Compensation provided.



Please call Ariana at 617-726-2764 or email MGHStillSad@partners.org



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